

LA GRANDE TRAVERSATA BEVAGNA – BETTONA THE GREAT BEVAGNA – BETTONA CROSSING



La traversata dei Colli Martani, nel tratto che orla la Valle Spoleтана da Bevagna a Bettona è un itinerario di rara bellezza e varietà, che attraversa un paesaggio di alta collina, a tratti montagnoso, praticamente spopolato, nonostante la vicinanza ai più noti e importanti centri del versante orientale – Foligno, Spello, Assisi – che sfileranno di fronte a noi uno dopo l'altro, man mano che percorriamo il nostro viaggio sulle due ruote.

La traversata raggiunge dapprima le rovine di Madonna del Monte: abbandonato nel 1555 dalle monache per motivi di sicurezza, il convento ha dato così origine all'attuale monastero bevanate significativamente chiamato "S. Maria del Monte". Percorre quindi la dorsale del Monte delle Civitelle, (719 m slm), che separa la Valle Umbra Spoleтана dalla Val Tiberina, offrendoci panorami a perdita d'occhio, quindi inizia a scendere tra boschi, oliveti e coltivi di alta collina, sino al borgo di Collemancio, un tempo sede di un piccolo municipio romano -Urvinum Hortense- di cui possiamo visitare l'acropoli. Dalle rovine scendiamo, costeggiando la collina, sino a Bettona, sempre accompagnati dalla vista di Assisi e del Monte Subasio, dall'altra parte della Valle.

The crossing of the Martani Hills, in the stretch that hems the Umbrian Vale from Bevagna to Bettona, is an itinerary of rare beauty and variety, traversing a landscape of high hills, mountainous in places, practically depopulated. Despite its proximity to the best-known and most important centers on the eastern side - Foligno, Spello, Assisi - that will parade before us one after the other as we travel our journey on two wheels.

The crossing first reaches the ruins of Madonna del Monte: abandoned in 1555 by the nuns for security reasons, the convent thus gave rise to the present Bevanate monastery significantly named "S. Maria del Monte." It then travels along the ridge of Monte delle Civitelle, (719 m asl), which separates the Umbrian Vale from the Tiber Valley, offering us views as far as the eye can see. It then begins to descend through forests, olive groves, and high hillside cultivation, to the village of Collemancio, once the site of a small Roman municipium-Urvinum Hortense-whose acropolis we can visit. From the ruins, we descend, skirting the hill, to Bettona, always accompanied by the view of Assisi and Mount Subasio on the other side of the valley.



Altitude change: 1240 m+, 1088 -

Km 25,8

Duration: 3h30

Difficulty: (BC) for bikers with good technical abilities

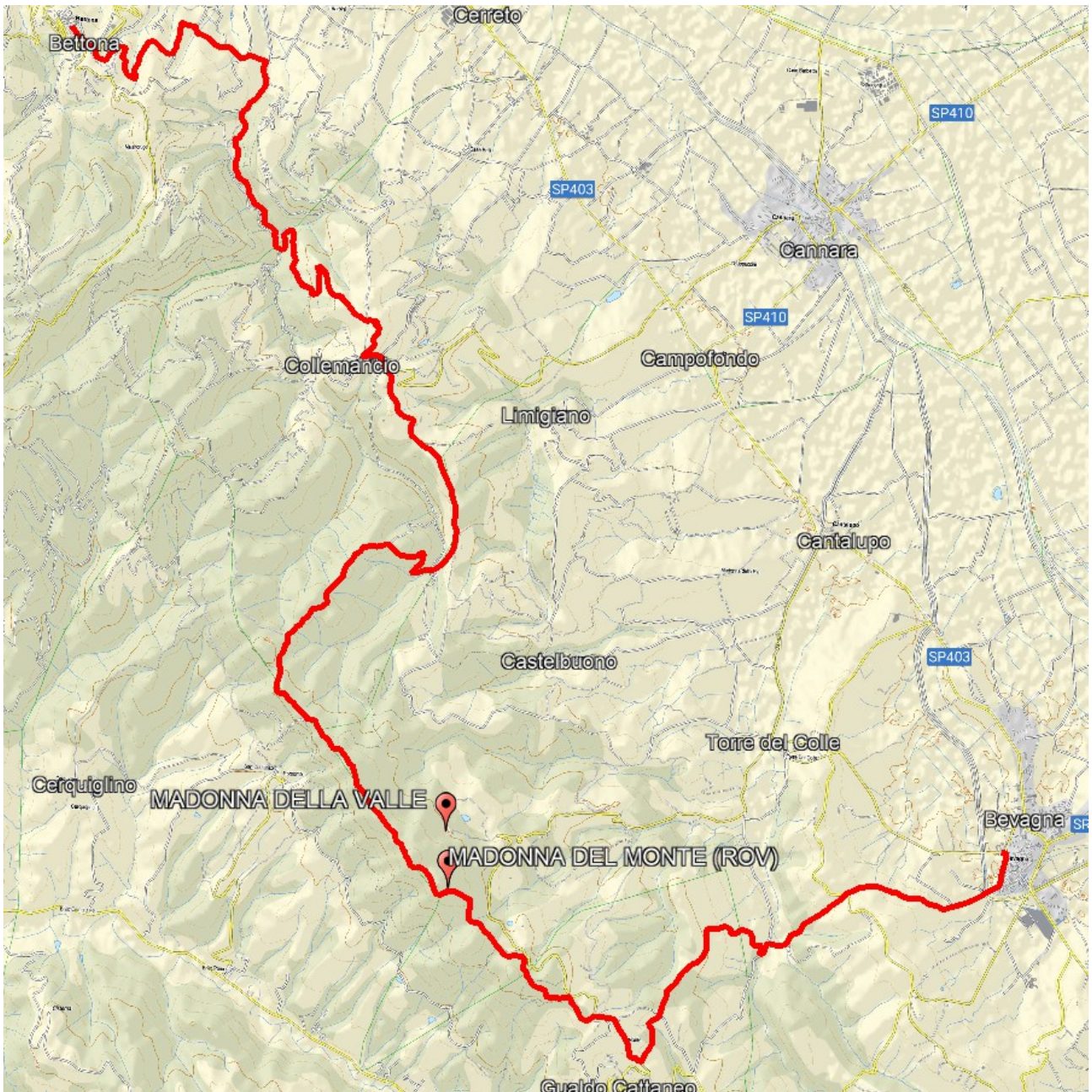
Signage: present only in the section from Uvinum Hrtense to Torrente Sangro(936)

Water along the route: drinking fountain at Collemancio

Recommended season: all year round

Trail type: the itinerary is on paved or gravel-bottomed secondary roads, earth-bottomed forest roads, and trails

Points of interest: Ruins of Madonna del Monte - Borgo di Collemancio- Ruins Uvinum Hrtense - Bettona



ROAD MAP.

Leave the car at Piazzale dell'Accoglienza, then, as you leave Bevagna, pass the bridges, traverse a small residential hillside area on a narrow asphalt road travelled only by the few residents. Leaving the last houses, the asphalt turns into a good gravel road, and descends onto the valley bottom. Here, past the ruins of an old mill, we turn left. A few meters later, we go up the hill on a gravel road going up, on a paved alley road, then for a very short distance on asphalt, then on forest roads with beaten earth, to the ruins of Madonna del Monte. Travelled the entire crest of Monte delle Civitelle, descend until you reach the Pomantina, a wide gravel road with very low traffic flow, which leads us to Collemancio (drinking fountain, hospitality possibilities). Visiting the impressive ruins of Urvinum Hortense, path 936 leads you to the valley floor, where the route skirts the right side of the Sambro stream. In case of a flood, clearly visible as you descend, keep to the dirt road that runs along it on the other side, less poetic but safer. Once you reach the Urbrian Vale, some small roads, frequented only by the inhabitants of the farmhouses, will take you to the village of Bettona.

For more:

<https://www.iluoghidelsilenzio.it/chiesa-e-monastero-della-madonna-del-monte-o-de-civitellis-bevagna-pg/>

<https://www.iluoghidelsilenzio.it/castello-di-collenancio-cannara-pg/>

<https://www.iluoghidelsilenzio.it/urvinum-hortense-area-archeologica-cannara-pg/>

<https://www.umbriatourism.it/-/urvinum-hortense>

<http://www.comune.bettona.pg.it/>