

IL LAGO AISO E L'AISELLO / Lake Aiso and the Aisello



Questo bell'itinerario, adatto anche alle famiglie, ci porta, attraverso la verdeggiante campagna umbra, al lago D'Aiso, che leggenda vuole essere sorto dalla sprofondamento del casale di un contadino blasfemo, che mieteva nella festa di S. Anna. Il lago, risorgiva artesiano di rara bellezza, è circondato da un piccolo parco, con tavoli e fontana, ideale per una sosta. L'Aiso è il più piccolo SIC (Sito di interesse comunitario) di Natura 2000 dell'Umbria.

Poco distante, un altro lago artesiano, l'Aisello, nasconde le rovine di un'area sacra del II sec. A. C.

This beautiful, family-friendly itinerary takes us through the verdant Umbrian countryside to Lake Aiso, which legend has it was created by the sinking of the cottage of a blasphemous farmer who was reaping on the feast day of St. Anne. The lake, an artesian resurgence of rare beauty, is surrounded by a small park, with tables and a fountain, ideal for a break. Aiso is Umbria's smallest Natura 2000 SCI (Site of Community Interest).

Not far away, another artesian lake, Aisello, hides the ruins of a sacred area dating back to the second century B.C.



Altitude difference: 138 m

Km: 12,3

Duration: 1h10 (excluding stops)

Difficulty: TC (touristic)

Signage: none

Water along the route: drinking fountain in Aiso Park

Recommended season: year-round, but, in the summer months, should be tackled in the early morning hours.

Type of route: the itinerary is on light asphalt, gravel, or beaten earth farm roads, with very low or no vehicular flow.

Points of interest: Lake Aiso, archaeological area, and Aisello resurgence.

ROAD MAP.

From the Piazzale dell'Accoglienza, skirting the hill of Bevagna along country roads, we reach Lago d'Aiso (picnic area and drinking fountain). After that, a loop route takes us back to the Assisi - Spoleto cycle route and, from there, to Bevagna.

For more:

<https://www.iluoghidelsilenzio.it/lago-aiso-capro-di-bevagna-pg/>

<https://www.montagneaperte.it/ambiente/biodiversita/la-sorgiva-dellaiso-sic-it5210043-un-laghetto-di-grande-interesse-naturalistico-e-storico/>

